

Play Hour Guidelines for U6 and U8 Indoor Soccer

1. When the kids arrive, they are divided up into teams.
2. Our staff will coordinate the team's play.
3. We play a 5 minute "half" with a running clock. The "home" team always kicks off. The home team is considered the one on the south end of the field.
4. At the end of each time period, the team on the south end of the field leaves the field. The team on the north end moved to the south end. The team sitting out moves to the north end. In this way, each team plays 10 minutes and gets 5 minutes to rest. We continue this pattern until the play hour is over.
5. No team will have more than one more player than the other.
6. Every time a score is made, a point is added to the scoreboard. If it is made by the team on the south end of the field, it is added to the home score. If it is made by the team on the north end of the field, it is added to the guest score. We do not track the scores by the actual teams; we only move the numbers so the kids see a score and see their point going up when they kick the ball in the goal.
7. At the U6 play hour there is no goal keeper, but at the U8 play hour there is a goal keeper.